HIGHLAND SEXUAL HEALTH: HEALTH QUESTIONNAIRE



Are you taking any medication,	□ No			
including any bought by yourself?	 Yes – please provide details 			
	·			
Do you have any allergies?	□ No			
	☐ Yes – please provide details			
Have you ever had any major health	□ No			
problems including operations?	☐ Yes – please provide details			
problems including operations.	Tes – piease provide details			
Has your mother/father/brother/sister	□ VTE – blood clot in leg or lungs			
had any of the following?	□ Breast cancer			
Are your sexual partners	□ Male			
	□ Female			
	□ Both			
When was the last time you had sex				
Have you had sexual contact with	□ No			
anyone new in the last 3 months?	□ Yes ──⇒ How many?			
Have you ever suffered physical,	□ No			
sexual or emotional abuse by a	□ Yes			
partner?				
Do you smoke	□ No never			
	□ No stopped □ How long ago?			
	□ Yes ├──> How many?			
Have you or one of your sexual	□ No			
partner's ever injected drugs? FOR FEMALE PATIENTS ONLY	□ Yes I have □ Yes a partner has			
	□ No			
Do you use a method of contraception?	□ No □ Yes □ Which one?			
contraception:	Tes Willer one!			
Do you think you are at risk of being	□ No			
pregnant?	□ Yes			
What date did your last period start				
When did you last have a cervical				
'smear' test?				
Have you ever been pregnant?	□ No			
	☐ Yes - please provide numbers of			
	Live births			
	Miscarriages			
	Ectopic			
	Termination of			
	pregnancy			



RECOGNISING HARMFUL DRINKING

Alcohol can sometimes contribute to sexual health problems. Please answer the following questions and add up your score.

1 Unit = ½ Pint Beer 1 Small Glass of Wine (125mls) 1 Single Spirit Measure

	0	1	2	3	4
How often do you have 6 units of more on any single occasion?	Never	Less than monthly	monthly	weekly	Daily or almost daily
How often during the last year, have you been unable to remember what happened the night before because you had been drinking?	Never	Less than monthly	monthly	weekly	Daily or almost daily
How often during the last year, have you failed to do what was expected of you because of drink?	Never	Less than monthly	monthly	weekly	Daily or almost daily
In the last year has a relative, friend or doctor or healthcare professional been concerned about your drinking and suggested you cut down?		Yes on one occasion			Yes on more than one occasion

	Scored 2 or less?	Well done you seem to be drinking
Your Score		within normal limits