



Highland Sexual Health
Zone 14, Clinic 1
Raigmore Hospital
Old Perth Road
Inverness
IV2 3UJ

Telephone 01463 888300

www.highlandsexualhealth.co.uk

We would like to make your clinic visit as straightforward and streamlined as possible and we plan to insert/change your IUD/IUS at this visit.

Please watch the short film about the procedure on the IUS/IUD page on the Highland Sexual Health website as well as read through the consent form on the page also.

It is important that you understand the information on this form as we may not be able to fit the IUD/IUS at this visit unless we feel it is safe to do so, and that you are aware of the risks and benefits.

If you do not currently have an IUS/IUD or your current IUS/IUD is no longer in date then please ensure you have no sex or use a reliable method of contraception for 3 weeks before your IUS/IUD is fitted.

If you currently have an IUS/IUD and it is in date, please ensure you have no sex for 7 days before your IUS/IUD is fitted.

If you **no longer wish to have an IUD/IUS inserted** at this visit or if the appointment is not convenient please telephone 01463 888300 to cancel or reschedule to a different day or time. This will allow us to offer the clinic slot to someone else.